



View of Aurlandsfjorden from Stegastein. Photo: Visitflam.com

# FLÅM

## The ultimate all year cruise destination

The charming village of Flam with its 350 inhabitants is situated at the innermost part of the Aurlandsfjord, a tributary of the Sognefjord. Centrally located in the fjord region, Flåm is surrounded by wild and dramatic nature with cascading waterfalls and picturesque landscape. Flam offers some of the most popular attractions in Norway. Flamsbana - the Flam Railway - is widely recognized as one of the steepest and most beautiful railways in the world. Flam is also home of the spectacular Nærøyfjord, listed as a UNESCO World Heritage Site.

### ATTRACTIONS/EXCURSIONS

#### Future of the Fjords

Flåm - Gudvangen - Flåm  
Duration 2,5 hrs (including one leg by bus)  
The design of this award winning fully electric vessel is spectacular and invites the guests to enjoy a magnificent and silent fjord experience through the UNESCO World Heritage area Nærøyfjord.

#### Norway in a Nutshell

Flam - Myrdal - Voss - Tvinde - Stalheim - Flam  
Duration: 6 hrs  
Highlights include the Flam Railway, Kjosfossen waterfall, Bergen Railway, the beautiful town of Voss, Tvindefossen waterfall, Stalheim viewpoint and Stalheimskleiva road. This road is one of the steepest stretches of road in Northern Europe, winding its way through 13 hairpin curves.

#### The Flåm Railway & Vatnahalsen

Flam - Vatnahalsen - Flam  
Duration: 3.5 hrs  
Highlights include the Flam Railway, Kjosfossen waterfall and home-made waffles at Vatnahalsen

Mountain Lodge. The Flam Railway is a masterpiece of engineering. With a height difference of 865 m, it is one of the world's steepest adhesion-type railways on normal tracks. The journey provides a panoramic view of some of the wildest and most dramatic mountain scenery in Norway, including photo-stop at the mighty Kjosfossen waterfall.

#### The Flåm Railway & hiking/biking

Highlights include the Flam Railway, Kjosfossen waterfall, mountain farms and hiking/biking 10 km on the old navvies' road in the Flamsdalen valley. This is a close to nature experience!

#### Flåm Zip Line

The longest (and maybe also the most scenic) Zipline in Scandinavia. With a span of 1381 m and a top speed of 100 km/h. The Zip Line starts at Vatnahalsen and ends up in Kårdal by 'Rallarosa Cheese Farm'. Flåm Zipline can be perfectly combined with the Flåm Railway and other existing excursions.

#### Cruise on the Nærøyfjord

Flam - Gudvangen - Stalheim - Flam  
Duration: 4 hrs  
Highlights include boat sightseeing on the Nærøyfjord, bus tour to Stalheim viewpoint and Stalheimskleiva road. The Nærøyfjord is rated as one of the best preserved UNESCO World Heritage Sites by National Geographic Traveler. The narrow fjord allows for some of the wildest and most dramatic scenery in Norway. Not to be missed!

#### Borgund & Stegastein Viewpoint

Flam - Lærdal - Borgund - Stegastein - Flam  
Duration: 4 hrs  
Highlights include driving through Lærdalstunnelen -the worlds longest tunnel, Borgund Stave Church, Aurlandsvegen mountain road, and Stegastein viewpoint. The viewpoint is a unique platform situated 650 m above sea level, overlooking the Aurlandsfjord.



The Flåm Railway. Photo: Visitflam.com

#### Fjord Safari

Flåm - Nærøyfjord - Flåm  
Duration: 1.5 hrs or 2.5 hrs  
Guided RIB boat tour.  
Enjoy the amazing scenery and be on the lookout for wildlife while the local guide provides a unique insight into local history and culture of the area.

#### Østerbø & the Aurlandsdalen Valley

Flam - Østerbø - Flam  
Duration: 3.5 hrs  
Highlights include bus sightseeing through the historical Aurlandsdalen Valley, traditional Norwegian cuisine at a mountain lodge at Østerbø, and scenic viewpoints towards the Aurlandsfjord.

#### Undredal

Undredal Visitor Centre gives an introduction to the process of making goat cheese, and offers a tasteful menu of locally produced food. Visit the smallest stave church in Scandinavia.



Kayak on the Nærøyfjord. Photo: Sverre Hjørnevik/Visitflam.com

#### Leim Dairy Farm

Mountain farm that produces its own goat cheese and invites you to interact with the animals. The farm overlooks the beautiful Aurlandsfjord.

#### The Aurland shoe

The only remaining shoe factory in Norway producing the original Aurland Shoe or "Penny Loafer". Experience artisans at work. The Aurland Shoe has inspired famous shoe designers across the globe and has become a fashion icon.

#### Magic White Caves

Walk to the inside of the mountain. An experience of light and sound, silence and darkness.

#### Viking Village "Njardarheimr"

The Viking Experience presented in Gudvangen, is a living village as it could have been during the Viking era. A whole year attraction.



Kjosfossen waterfall. Photo: visitflam.com

#### Gondola - Voss Resort

The new state of the art gondola in Voss (opening summer 19) will start at Voss Train Station (56 masl) and end at Hangurstoppen (820 masl). The gondola will have a capacity of 1069 passengers per hour. A brand-new restaurant with panoramic view and capacity of 450 guests is located at the end station. Snow guaranteed until end of May. For more information please contact us!

#### Kayak

Kayak programmes are offered both in Flåm and in Gudvangen. Discover the Nærøyfjord up close and personal.

#### Bike Rental

Moutain/Terrain bikes and helmets are available. These bikes are the best choice when biking the Navy road and in the Flåm area.

#### PORT OF FLÅM

**Visiting address** A-Feltvegen 27, NO-5743 Flåm  
**Mailing address** Vangen 1, NO-5745 Aurland  
**Phone** +47 976 27 382  
**E-mail** post@aurlandhavn.no  
**Internett** www.portofflam.com www.flamport.com  
**Maritime contact person** Jon Olav Stedje  
**E-mail contact person** jonolav@aurlandhavn.no  
**Phone contact person** +47 976 27 382  
**Pilot channel** VHF 12

#### TOURIST INFORMATION

**Mailing address** POB. 86, NO-5742 Flåm  
**Phone** +47 57 63 14 00  
**E-mail** info@visitflam.com  
**Internett** www.visitflam.com  
**Distance from port** 200 m

#### GENERAL INFORMATION

**Guide Service** Yes  
**Turnaround facilities** No  
**Terminal/Restrooms in pier area** Yes  
**Shuttle bus** N/A  
**Parking place for buses** Yes  
**Public transportation** Yes  
**Shopping** 300 m  
**Currency exchange** No  
**Internet access in pier area** Yes

**Distance to airport** 167 km to Bergen International Airport, 80 km to Sogndal National Airport,  
**Distance to city centre** 200 m  
**Distance nearest hospital** Voss Hospital 65 km

#### PORT SERVICE/FACILITIES & INFORMATION

**LNG** By truck  
**EPI** From 2020  
**ESI** Yes  
**Supplies available** Arranged by agent  
**Waste** Yes  
**Grey water** By Truck  
**Tugboats** No  
**Anchorage** Yes  
**Ship tender facilities** Yes  
**Tidal movement** 1.5 m

#### Gangway available (8 /10 /12 m) No

**Seawalk** No  
**ISPS approved** Yes  
**Restrictions in harbour** Max of 5000 pax per day/varies through the season/ Depending on ship size  
**Max number of ships per day in port** 3  
No unnecessary use of ship's horn and PA system  
No loud work on Sundays and holidays  
**Maximum ship length** No limitation  
**Maximum ship draft** 12 m  
**Maximum beam** No limitations

**Maximum air draft** No limitations

#### Bollard strength (certification)

**Pier bollards (spring)** 50t  
**Land bollards (breast-headline)** 100t  
1 ex. mooring buoy (north of pier) 200t  
**Crew facilities**  
- Wifi access at the pier while docked.  
- Soccer and volleyball field  
- Beach and barbeque area  
- Hiking maps  
- Walking Trail by Fretheim Hotel.  
- Different benefits for crew.

#### ANCHORAGE/TENDER:

**Max size** No limitation  
**Ship tenders allowed** Yes  
**Type of bottom** Sand  
**Depth** 50 M  
**Distance from anchorage to Tender Pier** App. 600 m  
**Tender Pier capacity** Maximum two ships



Quay  
Quay 1

Length	Draft	Airdraft	Beam	Height
110 m	12 m	-	-	1.8 m

